

A Food Policy For Glasgow Schools

Hyndland Secondary School



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Background and legislative context

- Education Services has responsibility for school meals in educational establishments.
- Cordia is contracted to provide meals

Scottish Government has published the following reports

- Hungry for Success (2003) – school meals need to conform to nutritional standards
- The Schools (Health Promotion and Nutrition) (Scotland) Act (2007)

More recently

- Better Eating, Better Learning (March 2014)
- Beyond the School Gates (June 2014)

A Food Policy for Glasgow Schools reflects the above.



What does the policy say....

- All schools should establish a SNAG Group – staff member, student council representatives, parent(s), Cordia and local business
- This group should work towards implementing the recommendations of this report
- All young people should continue to develop knowledge, skills and attitudes related to food through the curriculum and be encouraged to make healthy choices and establish lifelong healthy eating habits.
- Cordia staff should attend Parents' Evenings
- Projects involve food from the ground to the plate should be encouraged.



Food and drink provision

- Cordia should revise packed lunch leaflet – now available on our website
- Young people should be discouraged from bringing cooked, prepared food from outlets outside the school into the school for consumption
- Encourage young people to remain in school and promote stay onsite
- Review and improve dining hall experience for young people including Cordia carrying out a review of furniture etc
- Contact local business and encourage them to work towards a Healthy Living Award
- All primary school children to remain on site with agreement of their parents
- All S1&2 young people to be encouraged to stay on site unless they have agreement of their parents to go home



How the policy will
impact

Hyndland Secondary?



- As of 3rd May S1-S3 in at break time.
- S4-S6 top shops at interval.
- All prepared food that is purchased out of school is eaten out of school.
- Additional food provision and service to be provided in school by Cordia.