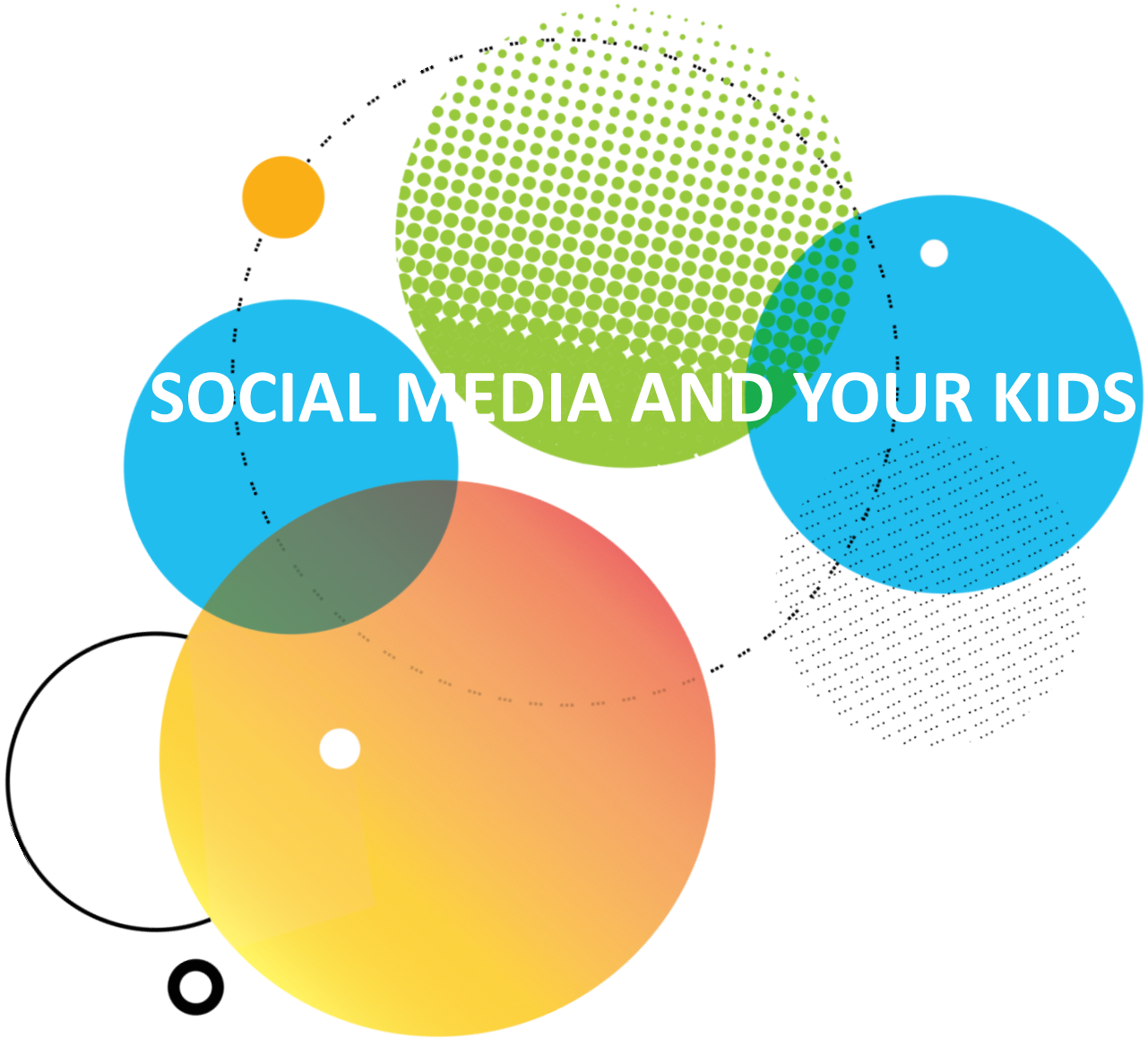

SOCIAL MEDIA AND YOUR KIDS

Internet Abbreviations/Slang

GG	
BTW	By the way
IDK	I don’t know
SMH	
PAW	Parents are watching
S2R	
NIFOC	

Social Media Advantages

Social media has many positive aspects for young people, including:

- Connecting with friends and family, especially over long distances, such as by sharing pictures and videos, and therefore addressing social isolation and loneliness;

- Making new friends particularly with people with shared interests;

- Community involvement, such as charitable or political activism;

Social Media Advantages

Social media has many positive aspects for young people, including:

- Sharing new creative projects such as online videos, blogs and podcasts;

- Developing an individual identity during adolescence;

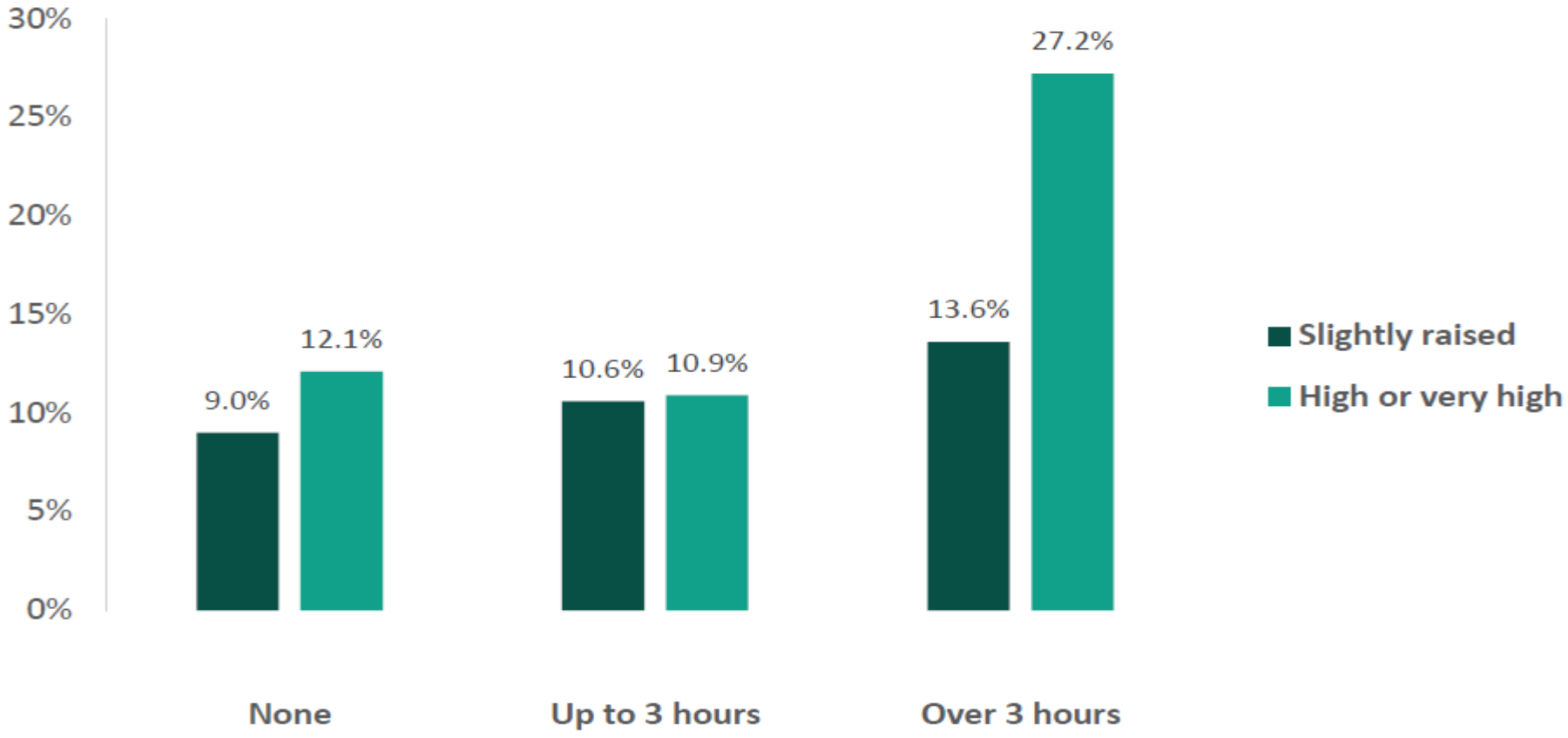
- Collaborating on projects through online communities (for example, a homework whatsapp group for people in the same class or a twitter hashtag for those studying for school or university exams),including interaction with teachers online;

- Accessing health information online and finding supportive networks of people with similar conditions.

Social Media Disadvantages

- Too much screen time
- Social isolation
- Communication difficulties
- Cyberbullying
- Mental Health Issues – galmourises aspects of life
- Hacking
- Reputation
- Security

Social Media – Mental Health Problems



Children aged 10-13 have accounts on the following sites

Facebook	**82%**
Snapchat	**79%**
Twitter	**47%**
Instagram	**42%**
Tumblr	**27%**

to start?

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Private-by-default:

Sites where you control who sees your posts

i.e. Facebook & Snapchat

Public-by-default:

Sites where your posts are open for all to see

i.e. Tumblr & Twitter

Do you meet the age restrictions?

2

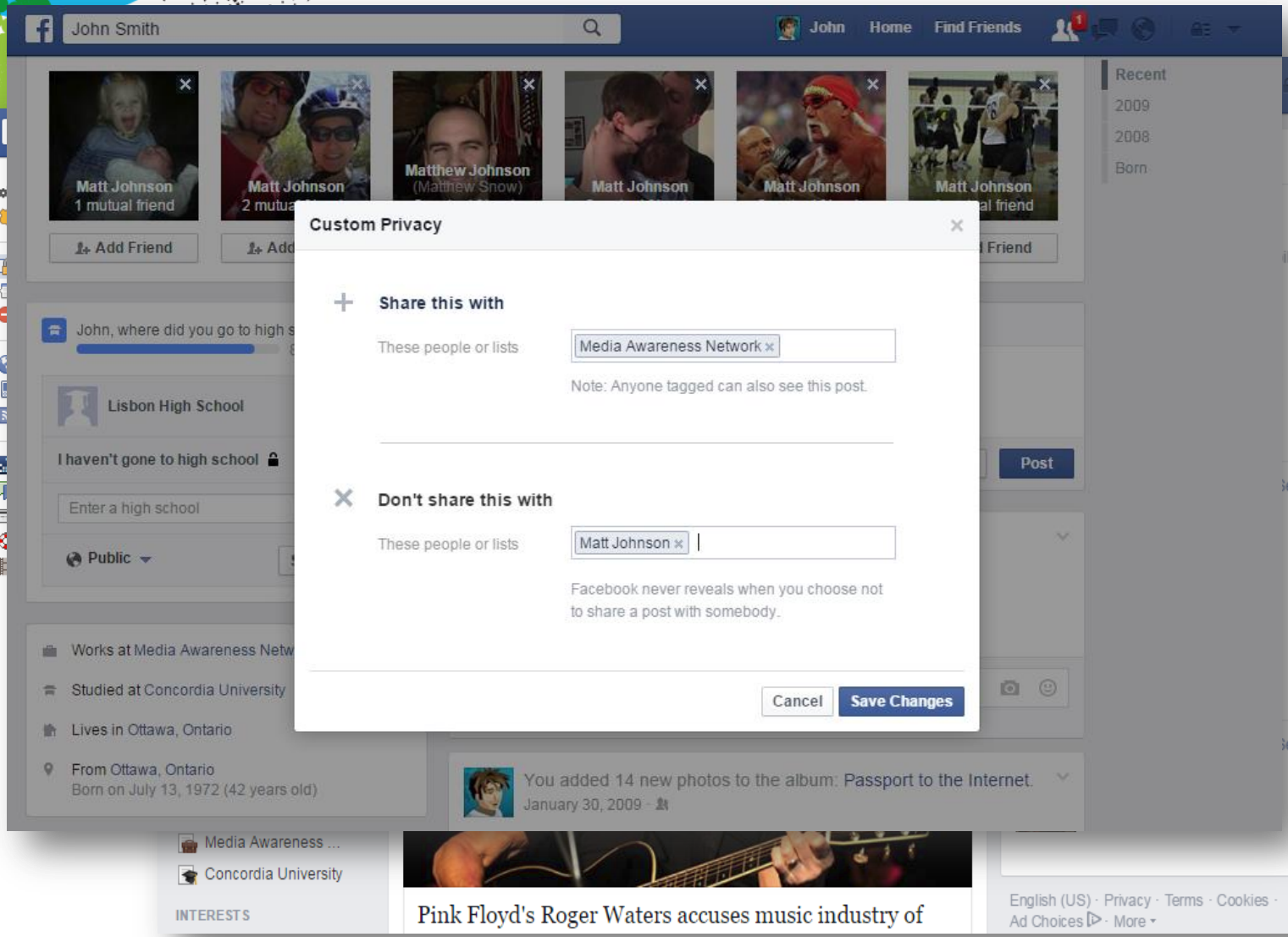
Give out only the required information

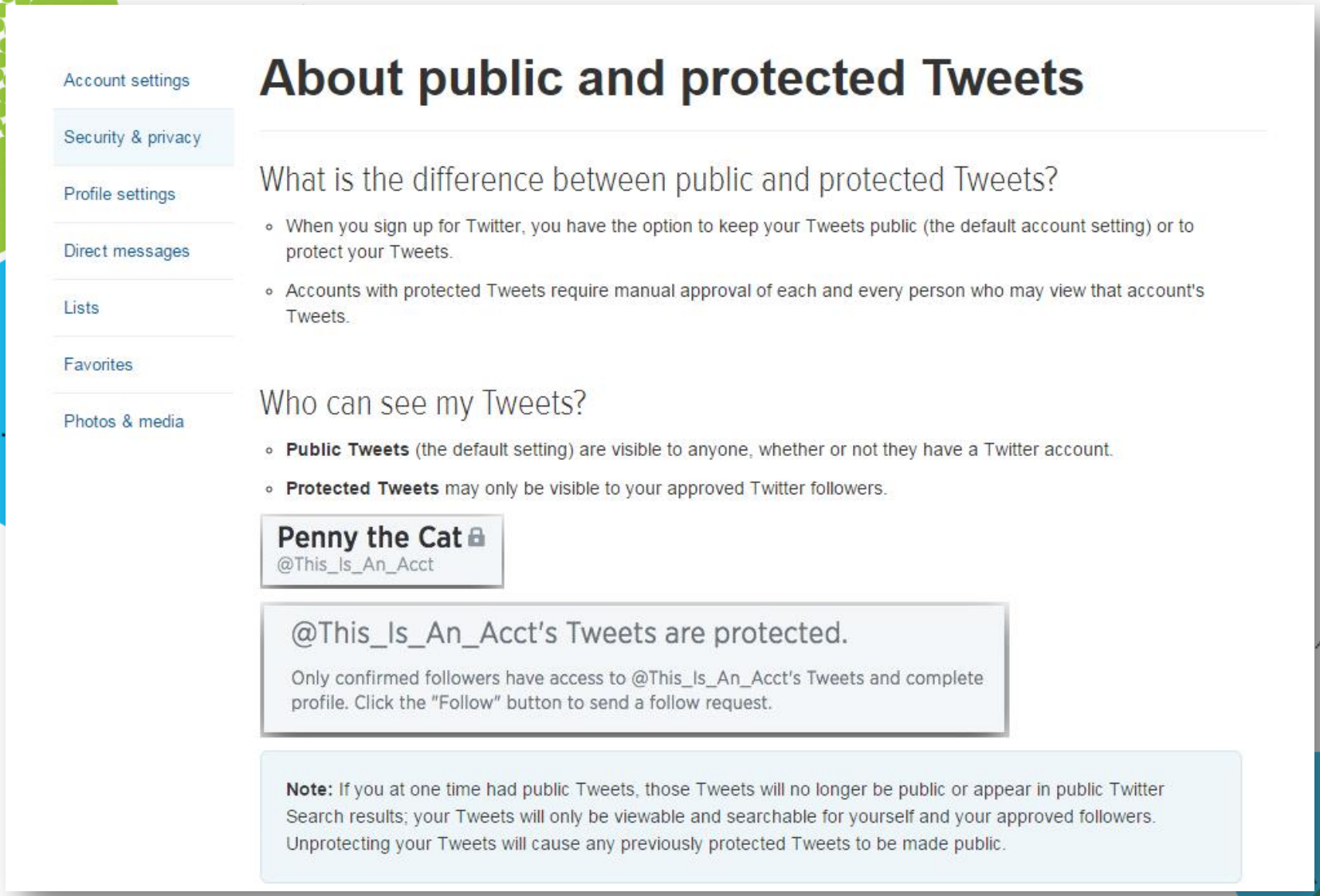
ask.fm

3

Log out when you’re done

You don’t post a picture that you don’t want to be shared, ‘cause it will be shared.
Rebecca, 13


John Smith
John
Home
Find Friends
Matt Johnson
1 mutual friend
Matt Johnson
2 mutual friend
Matthew Johnson
(Matthew Snow)
Matt Johnson
Matt Johnson
Matt Johnson
Add Friend
Recent
2009
2008
Born
Custom Privacy
Share this with
These people or lists
Media Awareness Network
Note: Anyone tagged can also see this post.
Don't share this with
These people or lists
Matt Johnson
Facebook never reveals when you choose not to share a post with somebody.
Cancel
Save Changes
John, where did you go to high s
Lisbon High School
I haven't gone to high school
Enter a high school
Public
Post
Works at Media Awareness Netw
Studied at Concordia University
Lives in Ottawa, Ontario
From Ottawa, Ontario
Born on July 13, 1972 (42 years old)
You added 14 new photos to the album: Passport to the Internet.
January 30, 2009
Media Awareness ...
Concordia University
INTERESTS
Pink Floyd's Roger Waters accuses music industry of
Facebook © 2015
English (US)
English (US) · Privacy · Terms · Cookies · Ad Choices · More



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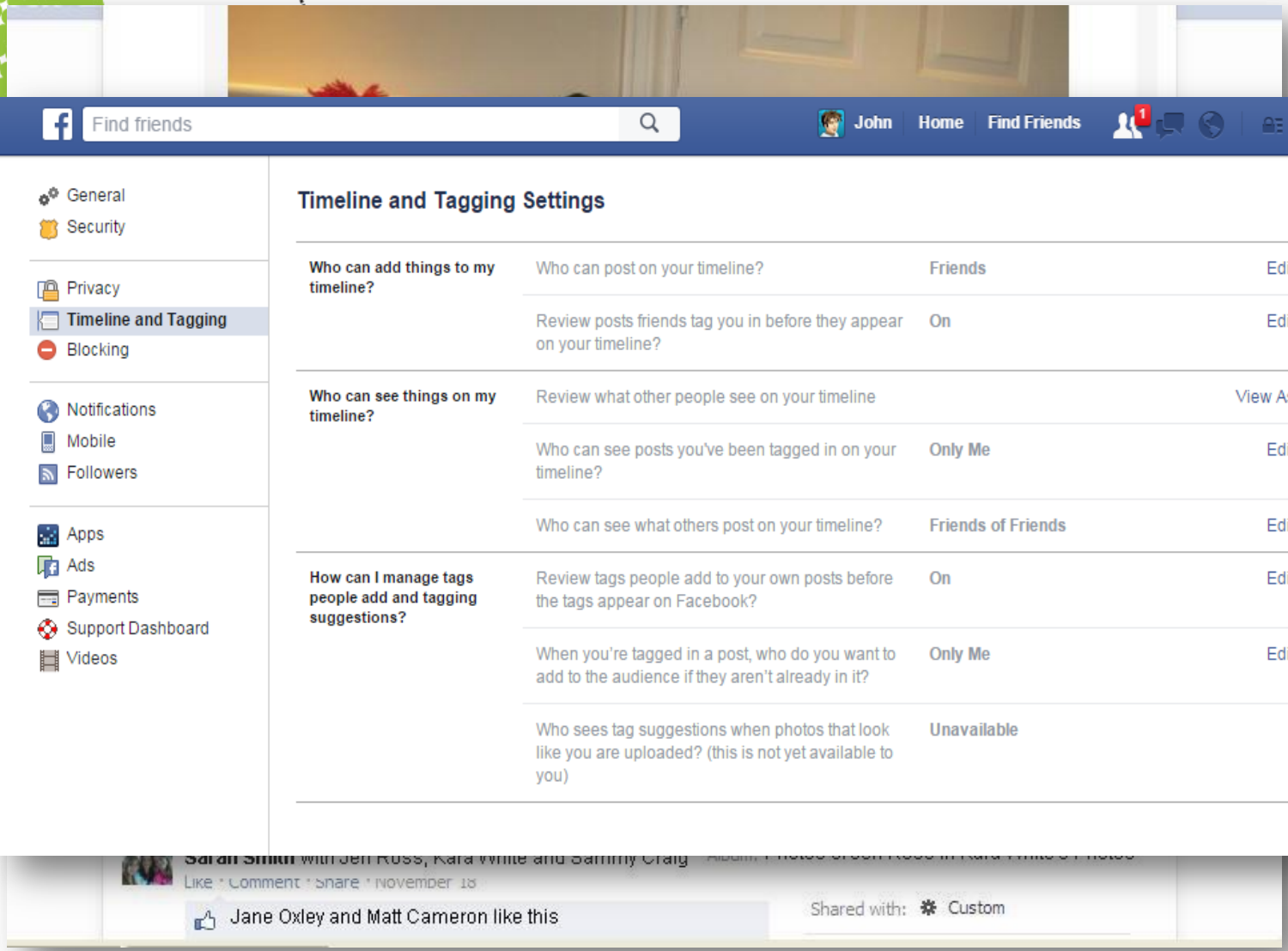

Find friends
John
Home
Find Friends
General
Security
Privacy
Timeline and Tagging
Blocking
Notifications
Mobile
Followers
Apps
Ads
Payments
Support Dashboard
Videos
Timeline and Tagging Settings
Who can add things to my timeline?
Who can post on your timeline?
Friends
Edit
Review posts friends tag you in before they appear on your timeline?
On
Edit
Who can see things on my timeline?
Review what other people see on your timeline
View As
Who can see posts you've been tagged in on your timeline?
Only Me
Edit
Who can see what others post on your timeline?
Friends of Friends
Edit
How can I manage tags people add and tagging suggestions?
Review tags people add to your own posts before the tags appear on Facebook?
On
Edit
When you're tagged in a post, who do you want to add to the audience if they aren't already in it?
Only Me
Edit
Who sees tag suggestions when photos that look like you are uploaded? (this is not yet available to you)
Unavailable
Like · Comment · Share · November 18
Jane Oxley and Matt Cameron like this
Shared with: Custom

Report

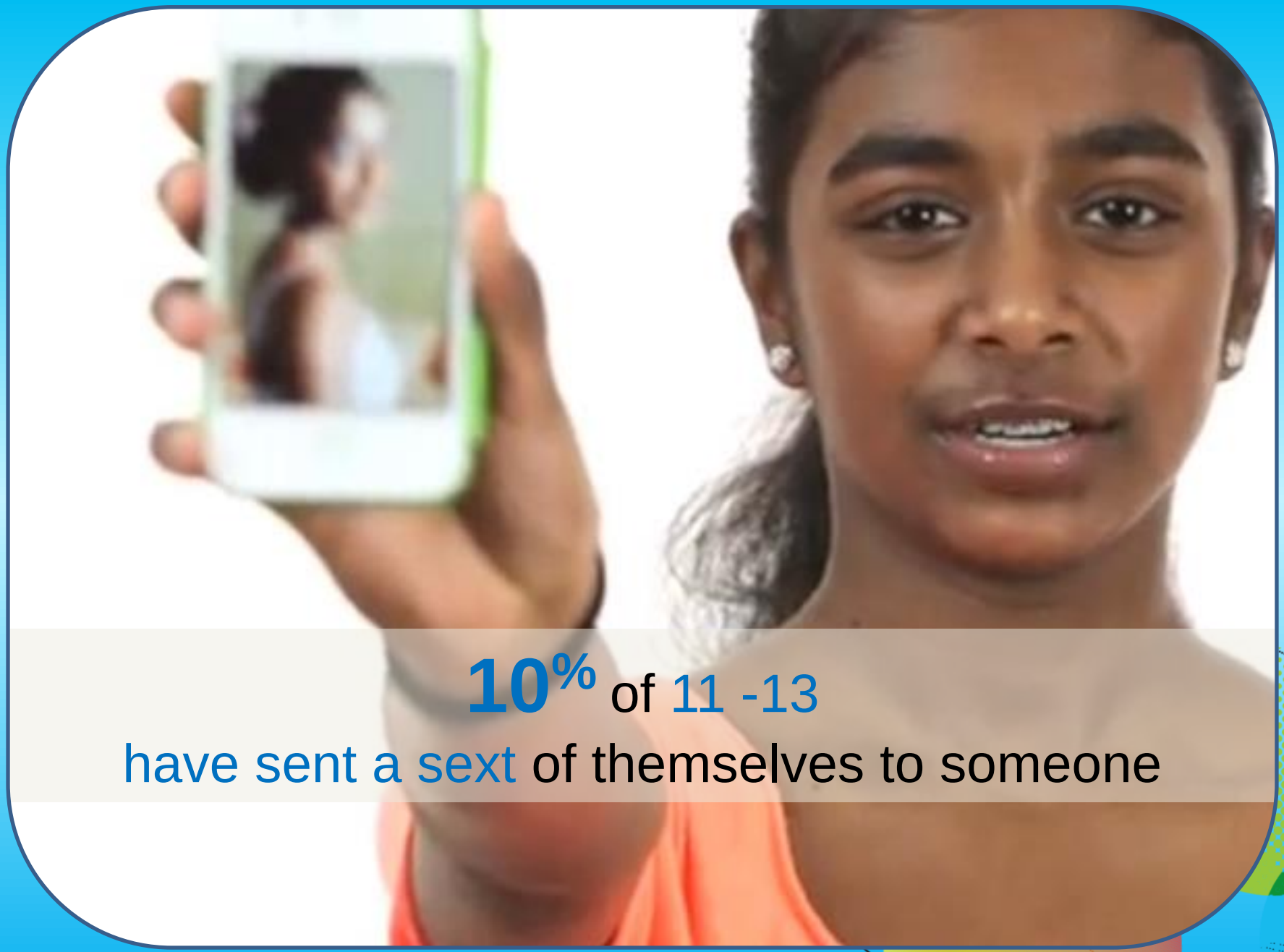
Help us understand the problem. What is going on with this Tweet?

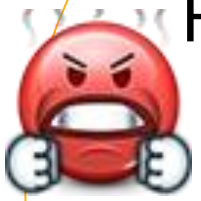
- I'm not interested in this Tweet
- It's spam
- It displays a sensitive image
- It's abusive or harmful

Learn more about reporting violations of our rules.

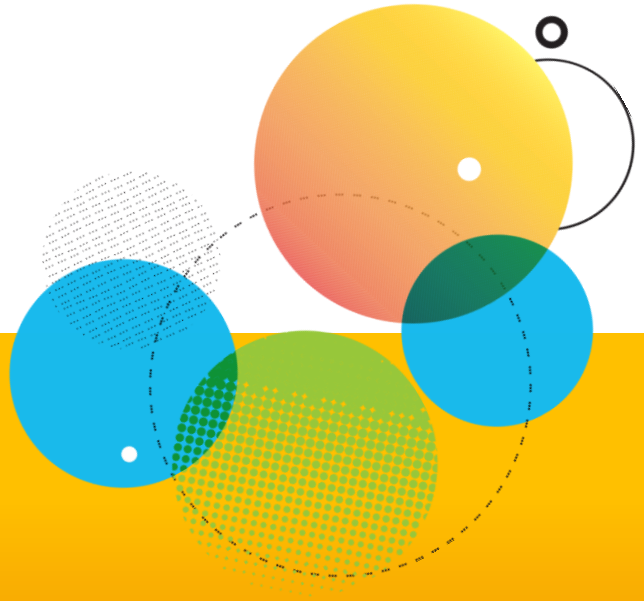
Next

Ask the person who posted the picture to take it down


10% of 11 -13
have sent a sext of themselves to someone



Help kids recognize
“**hot emotions**”
like anger and fear
and when to take
time out to
“**cool off**”



T.H.I.N.K.

before you share or post, is it…

- **T**RUE
- **H**ELPFUL
- **I**NSPIRING
- **N**ECESSARY
- **K**IND

Research shows most kids don’t do mean things to people online or share sexts or other embarrassing pictures – even if kids think everybody is doing it.

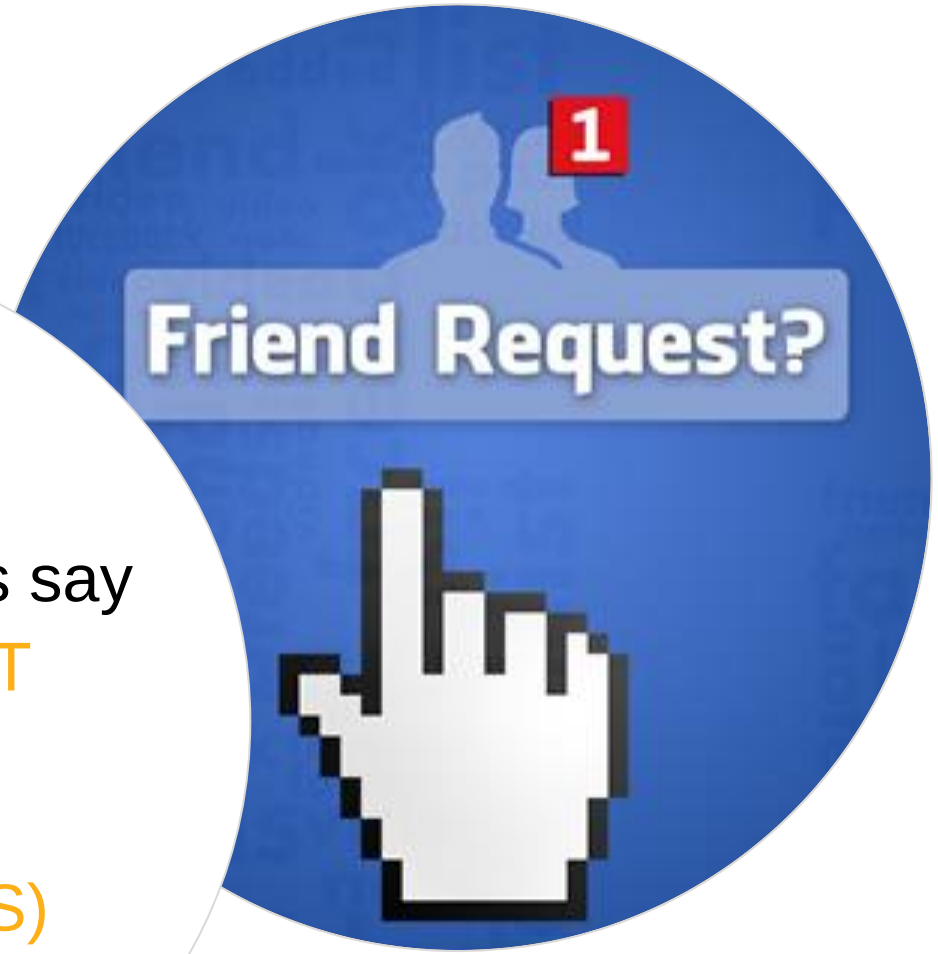
66% of 12 year olds say

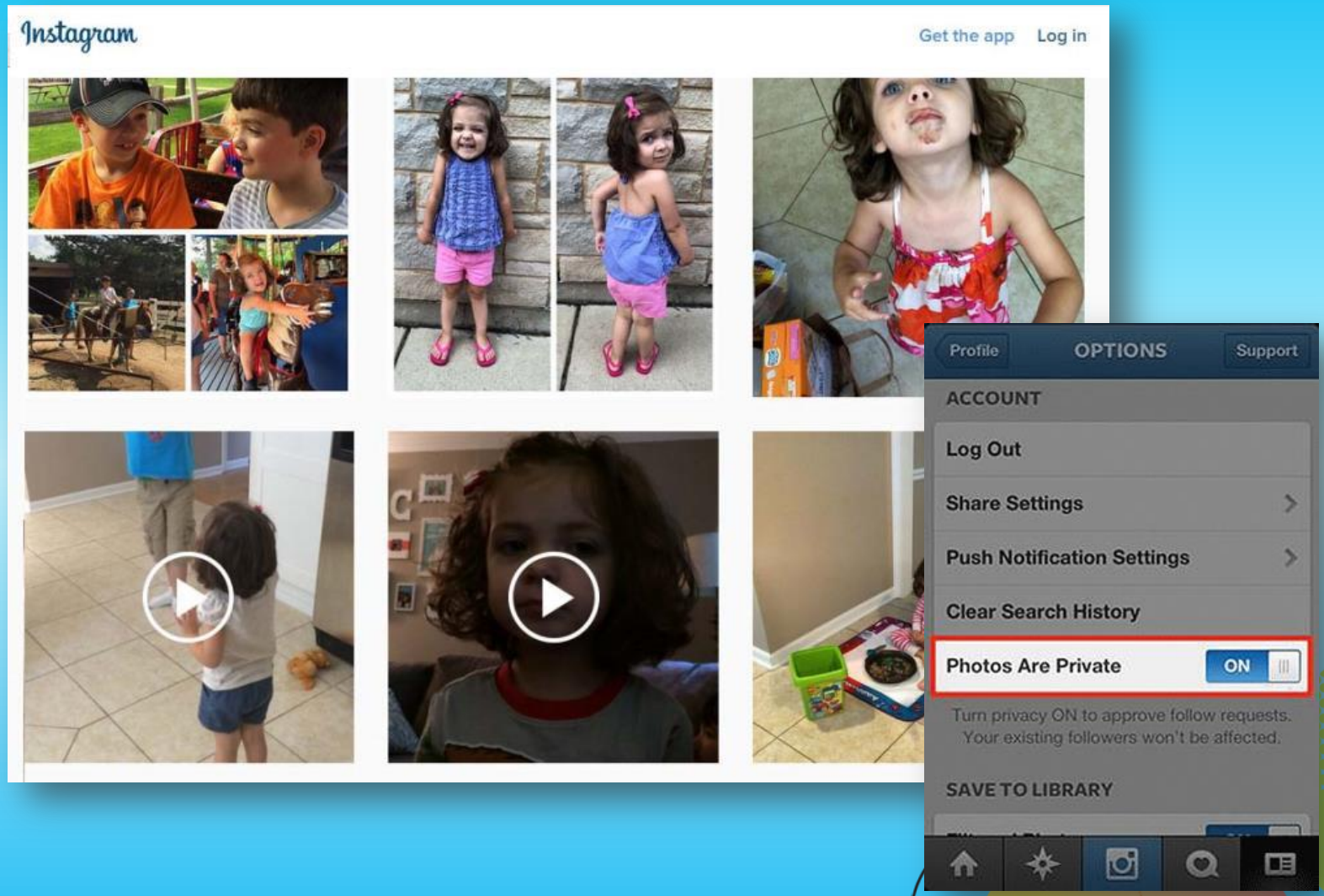
KIDS SHOULDN'T

be forced to

FRIEND

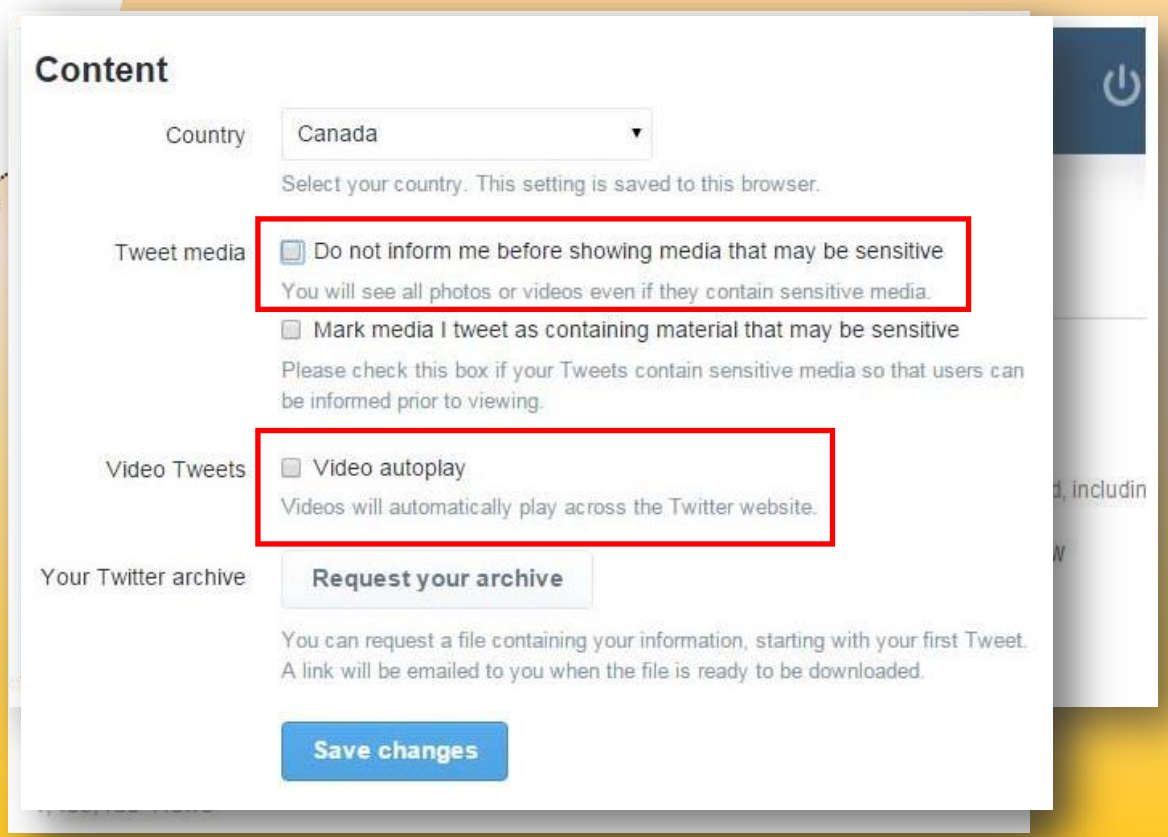
THEIR PARENT(S)



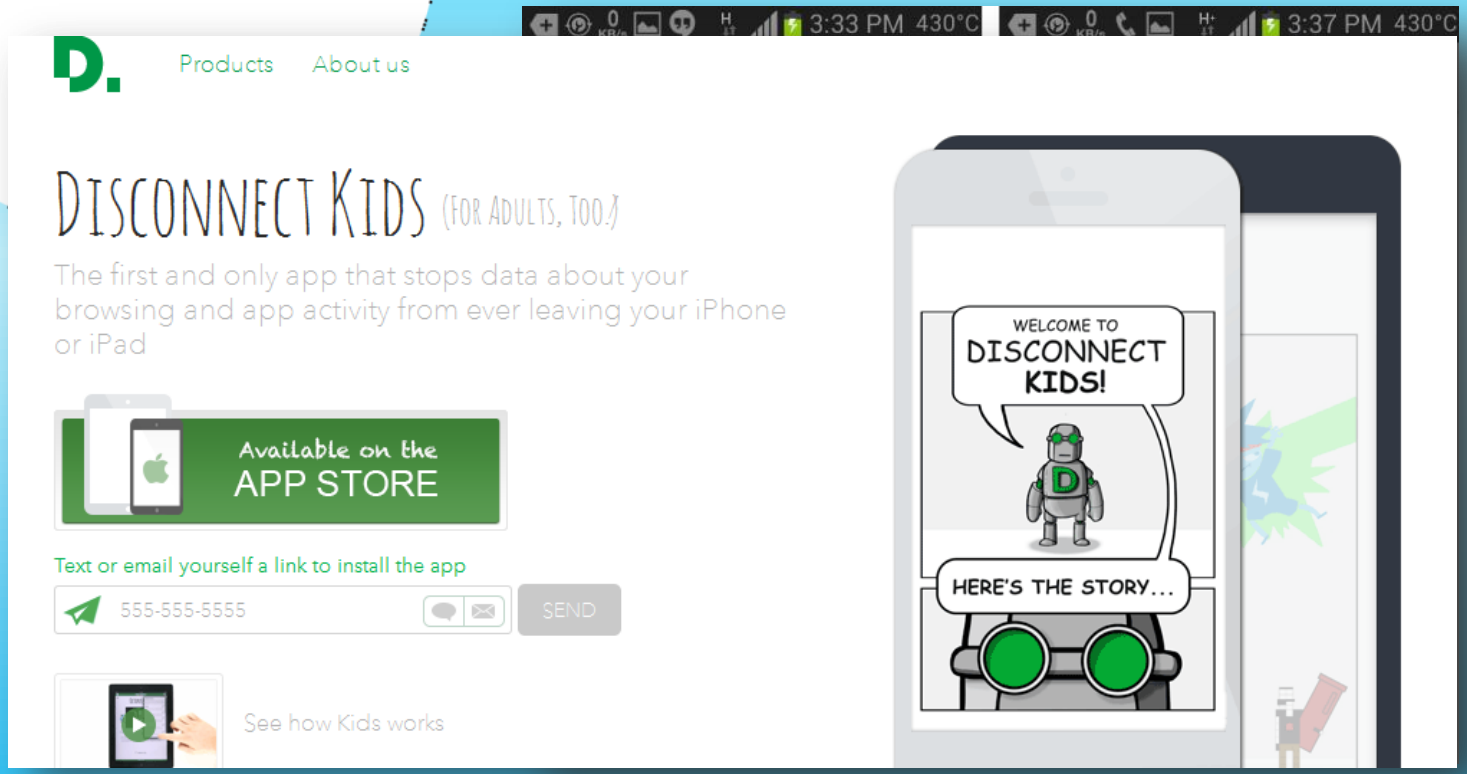

Instagram
Get the app
Log in
Profile
OPTIONS
Support
ACCOUNT
Log Out
Share Settings
Push Notification Settings
Clear Search History
Photos Are Private
ON
Turn privacy ON to approve follow requests.
Your existing followers won't be affected.
SAVE TO LIBRARY

Marketing and data mining

Avoiding inappropriate content



App Issues

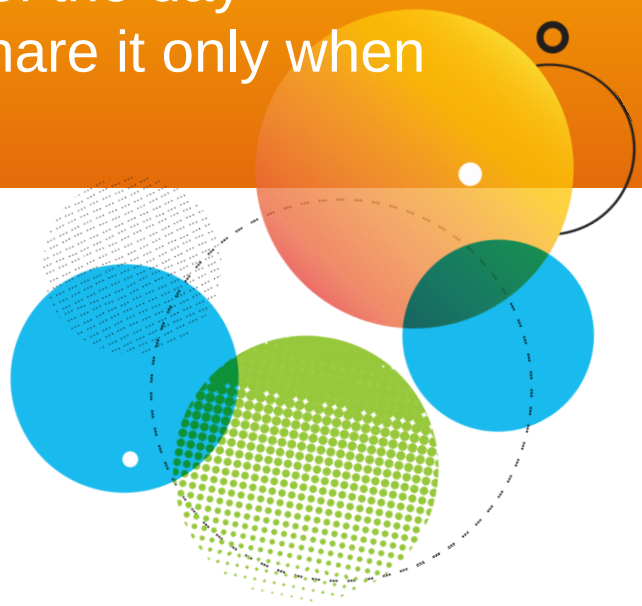

3:33 PM 430°C
3:37 PM 430°C
Products
About us
DISCONNECT KIDS (FOR ADULTS, TOO.)
The first and only app that stops data about your browsing and app activity from ever leaving your iPhone or iPad
Available on the APP STORE
Text or email yourself a link to install the app
555-555-5555
SEND
See how Kids works
WELCOME TO DISCONNECT KIDS!
HERE'S THE STORY...

FOMO

(fear of missing out)

Restoring life balance

- Take tech breaks through the day
- Have a weekly “digital sabbath”
- Turn off tech an hour before bed
- Have device-free zones in the home
- Set up over-night re-charging station for all devices
- Program your Internet for specific times of the day
- Change the Wi-Fi password daily and share it only when housework/homework is done



Thank You

Helpful websites:

https://www.thinkuknow.co.uk

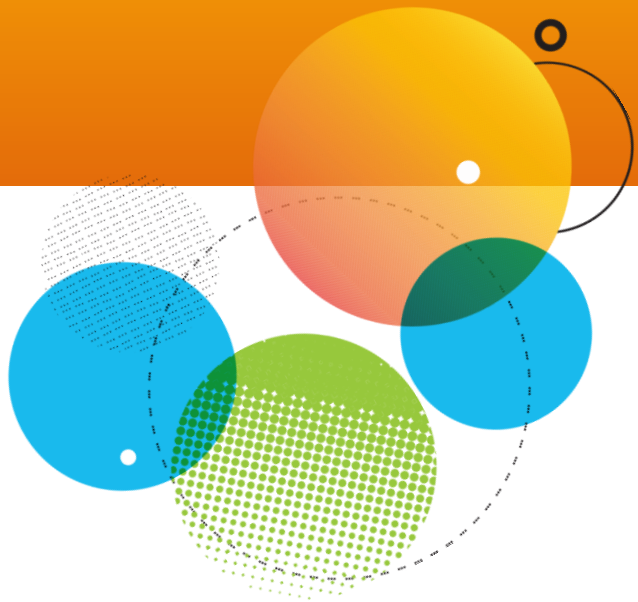
www.staysafeonline.org

https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety

www.safetynetkids.org.uk/personal-safety/staying-safe-online

References

National Office of Statics

Parent network

Unicef