

An abstract graphic design featuring several overlapping circles. A large orange-to-yellow gradient circle is at the bottom. A blue circle is on the left, and another blue circle is on the right. A green circle with a halftone dot pattern is at the top. A smaller orange circle is at the top left. A black circle with a white center is at the bottom left. Dotted lines connect some of the circles. The text "SOCIAL MEDIA AND YOUR KIDS" is centered in white.

SOCIAL MEDIA AND YOUR KIDS

Internet Abbreviations/Slang

GG	
BTW	By the way
IDK	I don't know
SMH	
PAW	Parents are watching
S2R	
NIFOC	





Social Media Advantages



Social media has many positive aspects for young people, including:

- Connecting with friends and family, especially over long distances, such as by sharing pictures and videos, and therefore addressing social isolation and loneliness;
- Making new friends particularly with people with shared interests;
- Community involvement, such as charitable or political activism;

Social Media Advantages



Social media has many positive aspects for young people, including:

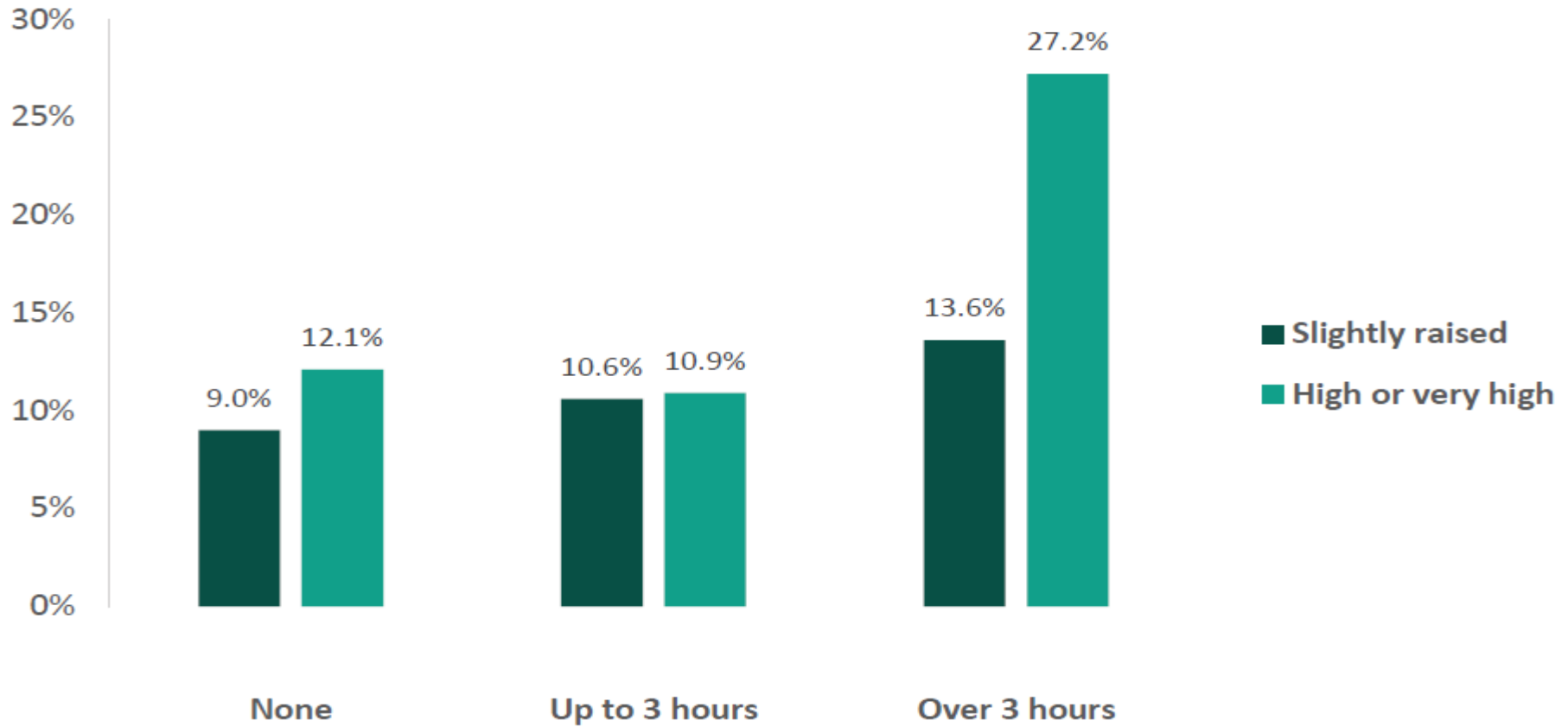
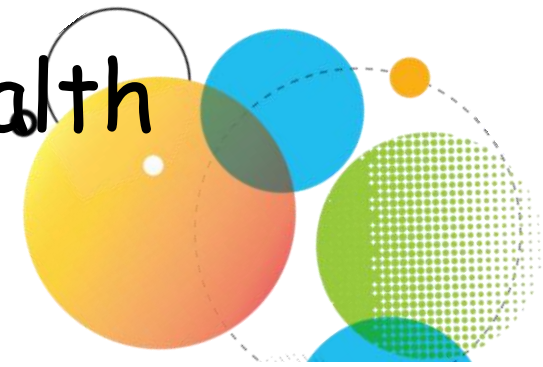
- Sharing new creative projects such as online videos, blogs and podcasts;
- Developing an individual identity during adolescence;
- Collaborating on projects through online communities (for example, a homework whatsapp group for people in the same class or a twitter hashtag for those studying for school or university exams), including interaction with teachers online;
- Accessing health information online and finding supportive networks of people with similar conditions.

Social Media Disadvantages

- Too much screen time
- Social isolation
- Communication difficulties
- Cyberbullying
- Mental Health Issues – glamorises aspects of life
- Hacking
- Reputation
- Security







Social Media - Mental Health Problems



Children aged 10-13 have accounts on the following sites



 Facebook	82%
Snapchat	79%
 Twitter	47%
 Instagram	42%
 Tumblr	27%



to start?



Private-by-default:
Sites where you control who
sees your posts
i.e. Facebook & Snapchat




Public-by-default:
Sites where your posts are
open for all to see
i.e. Tumblr & Twitter





Do you meet
the age
restrictions?







Give out only
the required
information



ask.fm



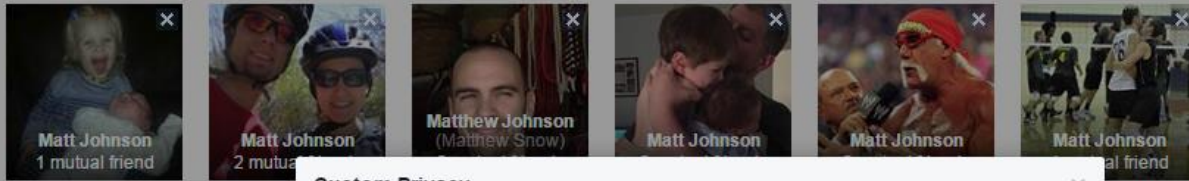
Log out when
you're done



A photograph of two young women with brown hair, wearing blue polo shirts, looking at a laptop screen. They are both smiling and appear to be engaged in a conversation. The woman on the left has her hand near her chin, and the woman on the right has her hand on the laptop keyboard. The background is plain white.

“ You don’t post a picture that you don’t want to be shared, ‘cause it will be shared. ”

Rebecca, 13



Custom Privacy

+ Share this with

These people or lists:

Note: Anyone tagged can also see this post.

✗ Don't share this with

These people or lists:

Facebook never reveals when you choose not to share a post with somebody.

John, where did you go to high school?

Lisbon High School

I haven't gone to high school

Enter a high school

Public

Works at Media Awareness Network

Studied at Concordia University

Lives in Ottawa, Ontario

From Ottawa, Ontario
Born on July 13, 1972 (42 years old)

You added 14 new photos to the album: Passport to the Internet.
January 30, 2009

Media Awareness Network
Concordia University

INTERESTS

Facebook © 2015
English (US)



Pink Floyd's Roger Waters accuses music industry of

Account settings

Security & privacy

Profile settings

Direct messages

Lists

Favorites

Photos & media

About public and protected Tweets

What is the difference between public and protected Tweets?

- When you sign up for Twitter, you have the option to keep your Tweets public (the default account setting) or to protect your Tweets.
- Accounts with protected Tweets require manual approval of each and every person who may view that account's Tweets.

Who can see my Tweets?

- **Public Tweets** (the default setting) are visible to anyone, whether or not they have a Twitter account.
- **Protected Tweets** may only be visible to your approved Twitter followers.

Penny the Cat 🔒

@This_Is_An_Acct

@This_Is_An_Acct's Tweets are protected.

Only confirmed followers have access to @This_Is_An_Acct's Tweets and complete profile. Click the "Follow" button to send a follow request.

Note: If you at one time had public Tweets, those Tweets will no longer be public or appear in public Twitter Search results; your Tweets will only be viewable and searchable for yourself and your approved followers. Unprotecting your Tweets will cause any previously protected Tweets to be made public.



Find friends



John

Home

Find Friends



General

Security

Privacy

Timeline and Tagging

Blocking

Notifications

Mobile

Followers

Apps

Ads

Payments

Support Dashboard

Videos

Timeline and Tagging Settings

Who can add things to my timeline?

Who can post on your timeline?

Friends

Edit

Review posts friends tag you in before they appear on your timeline?

On

Edit

Who can see things on my timeline?

Review what other people see on your timeline

View As

Who can see posts you've been tagged in on your timeline?

Only Me

Edit

Who can see what others post on your timeline?

Friends of Friends

Edit

How can I manage tags people add and tagging suggestions?

Review tags people add to your own posts before the tags appear on Facebook?

On

Edit

When you're tagged in a post, who do you want to add to the audience if they aren't already in it?

Only Me

Edit

Who sees tag suggestions when photos that look like you are uploaded? (this is not yet available to you)

Unavailable



Sarah Smith with Jen Ross, Kara White and Sammie Craig

Like · Comment · Share · November 18



Jane Oxley and Matt Cameron like this

Shared with: Custom



Report ×

Help us understand the problem. What is going on with this Tweet?

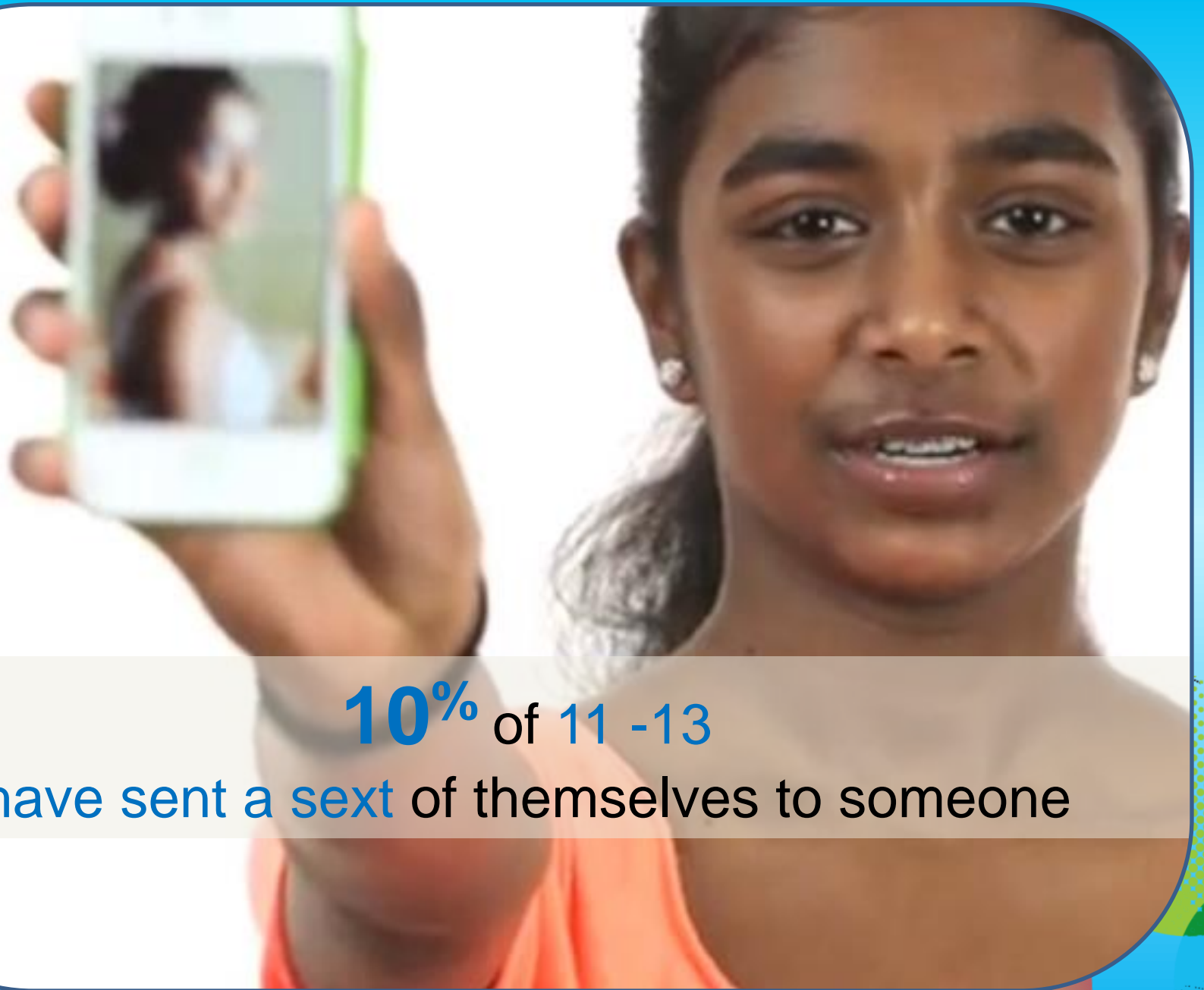
- I'm not interested in this Tweet
- It's spam
- It displays a sensitive image
- It's abusive or harmful

[Learn more](#) about reporting violations of our rules.

Next

Ask the person
who posted
the picture to
take it down





10% of 11 -13

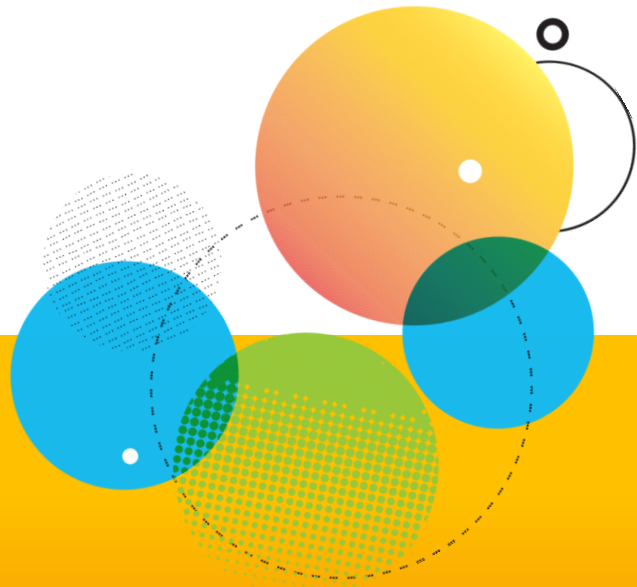
have sent a **sext** of themselves to someone





Help kids recognize
“**hot emotions**”
like anger and fear
and when to take
time out to
“**cool off**”





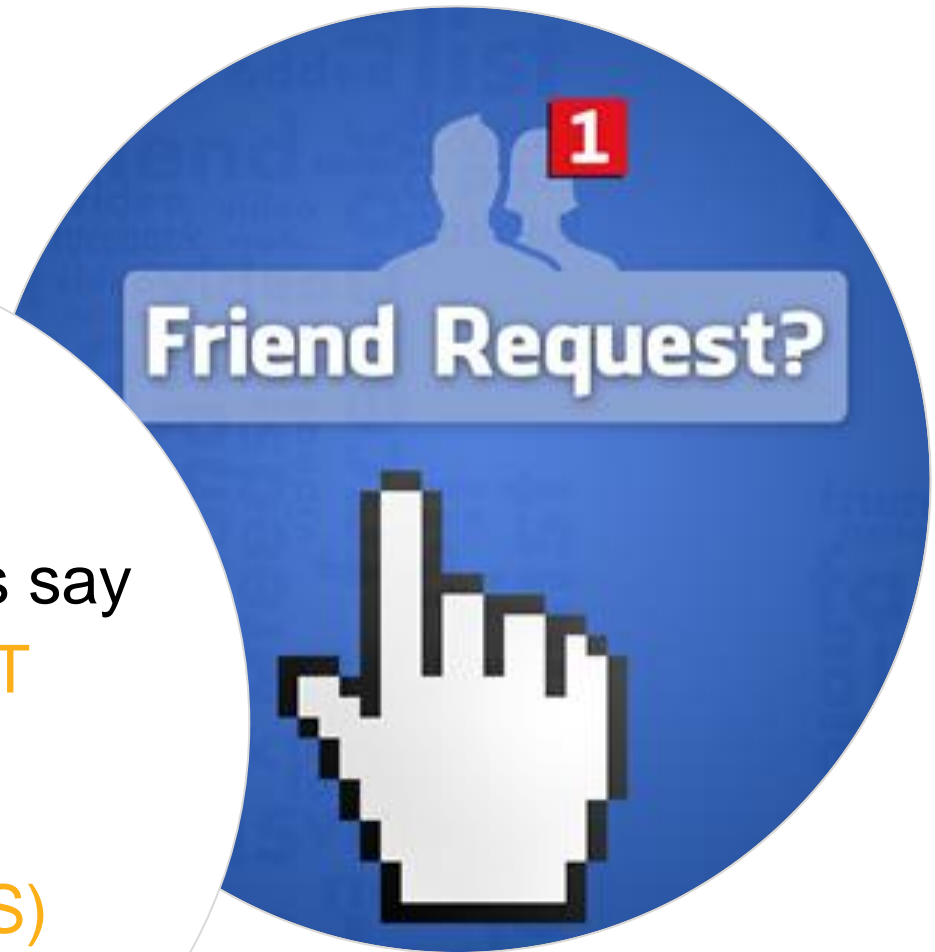
T.H.I.N.K.

before you share or post, is it...

- **T**RUE
- **H**ELPFUL
- **I**NSPIRING
- **N**CESSARY
- **K**IND

Research shows most
kids **don't** do mean
things to people online or
share sexts or other
embarrassing pictures –
even if kids think
everybody is doing it.

66% of 12 year olds say
KIDS SHOULDN'T
be forced to
FRIEND
THEIR PARENT(S)







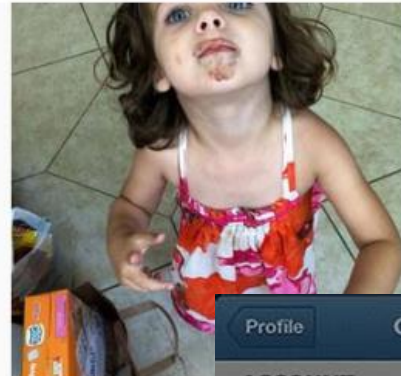
GETHER
EONE
LINE



52%

Instagram

Get the app Log in



Profile OPTIONS Support

ACCOUNT

- Log Out
- Share Settings >
- Push Notification Settings >
- Clear Search History
- Photos Are Private** ON [icon]

Turn privacy ON to approve follow requests.
Your existing followers won't be affected.

SAVE TO LIBRARY

[Home] [Camera] [Post] [Activity] [Profile]

Marketing and data mining



Captain Morgan



Avoiding inappropriate content

Content

Country

Select your country. This setting is saved to this browser.

Tweet media

Do not inform me before showing media that may be sensitive

You will see all photos or videos even if they contain sensitive media.

Mark media I tweet as containing material that may be sensitive

Please check this box if your Tweets contain sensitive media so that users can be informed prior to viewing.

Video Tweets

Video autoplay

Videos will automatically play across the Twitter website.

Your Twitter archive

[Request your archive](#)

You can request a file containing your information, starting with your first Tweet. A link will be emailed to you when the file is ready to be downloaded.

[Save changes](#)

App Issues

D. Products About us

DISCONNECT KIDS (FOR ADULTS, TOO.)

The first and only app that stops data about your browsing and app activity from ever leaving your iPhone or iPad

Available on the APP STORE

Text or email yourself a link to install the app

555-555-5555 SEND


See how Kids works

WELCOME TO DISCONNECT KIDS!

HERE'S THE STORY...

FOMO

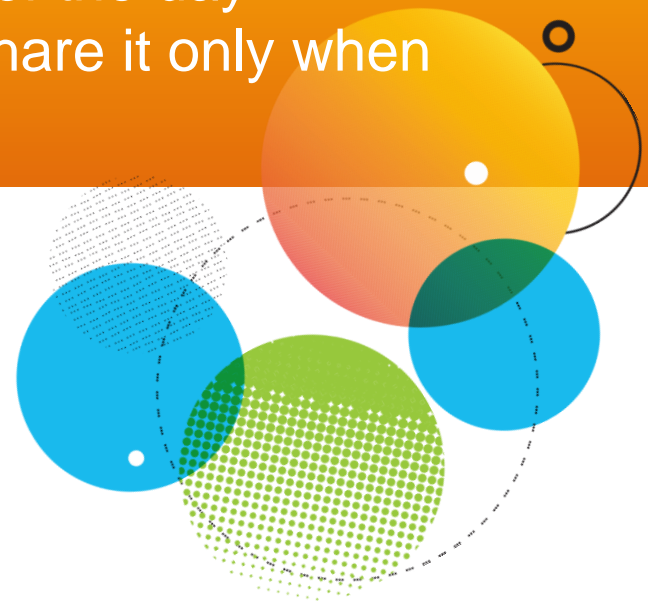
(fear of missing out)



Four out of five 13-14 year olds who own mobile phones sleep with them so they won't miss texts or updates.

Restoring life balance

- Take tech breaks through the day
- Have a weekly “digital sabbath”
- Turn off tech an hour before bed
- Have device-free zones in the home
- Set up over-night re-charging station for all devices
- Program your Internet for specific times of the day
- Change the Wi-Fi password daily and share it only when housework/homework is done





Thank You

Helpful websites:

<https://www.thinkuknow.co.uk>

www.staysafeonline.org

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety>

www.safetynetkids.org.uk/personal-safety/staying-safe-online



References

National Office of Statics

Parent network

Unicef

