

The crest of Hyndland Secondary School is centered in the background. It features a shield with a white saltire (X-shape) on a green field, with a blue circle in the center. Above the shield is a sunburst. Below the shield is a banner with the word 'HYNDLAND' in yellow. The entire crest is semi-transparent.

# Hyndland Secondary School

## S2 Course Choices – Information Evening

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# Format of the Evening

- Introductions and Welcome – Mrs Edgerton
- Choosing my curriculum – Ali-Sher & Iniyana
- The Choices Process – Mrs Hayes
- Pastoral Care Support – Mr Carstairs

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# Young peoples perspective

Ali-Sher & Iniyan – S3 pupils



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Event	Date
Skills Development Scotland 1to1 Interviews with young people	These will be scheduled in school from and will be overtaken during March 2024 Each young person will have a 20min appointment with the Careers Advisor.
<p>PT Subject presentations – subject ambassadors from S3/4/5 will deliver presentations on each subject.</p> <p>There will be a Q&amp;A session following the presentations:</p> <p>Sciences, HFT</p> <p>English &amp; Media, Modern Languages, Business &amp; Computing, PE and Art &amp; Design</p> <p>Social Subjects, Maths, Music, Drama</p> <p>S3 Sample Lessons in classes</p>	<p>Week beginning 5<sup>th</sup> Feb</p> <p>Week beginning 19<sup>th</sup> Feb</p> <p>Week beginning 26<sup>th</sup> Feb</p> <p>Week beginning 4<sup>th</sup> March</p>
<p><b>S2 Information evening in the Airlie Theatre</b> Presentation on course planning with input from SLT, Pastoral Care and young people who have been through the course planning process</p>	7 <sup>th</sup> March 2024 5.00 – 5.30pm
Options Form Presentation in PSHE with PT Pastoral Care – in class	Week beginning 7 <sup>th</sup> March 2024
S2 Reports – issued to parents	8 <sup>th</sup> March 2024
<p><b>S2 Parents evening subject teachers appointments</b></p> <p><b>Careers Event for parents &amp; Young people</b></p>	<p>Thursday 14<sup>th</sup> March 2024</p> <p>4.00 – 6.30pm</p> <p>6.00 – 7.30pm</p>
Individual Interviews with Pastoral Care to consult on final options endorsed by families	19, 20, 21 March 2024
Final Options on Glow forms to be submitted electronically	25 <sup>th</sup> March 2024

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## Why attendance matters

- The top performing 20% of S4 students had an average attendance of 97.49% whilst the bottom 20% had an average attendance of 73.98%.
- Those in S4 who are currently on course to pass 8 National 5 awards in May had an average attendance of 96.87%.

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# Social Media

- Communicate and stay up to date with family and friends around the world.
- Find new friends and communities; network with other people who share similar interests or ambitions.
- Join or promote worthwhile causes; raise awareness on important issues.
- Seek or offer emotional support during tough times.
- Find vital social connection if you live in a remote area, for example, or have limited independence, social anxiety, or are part of a marginalized group.
- Find an outlet for your creativity and self-expression.
- Discover (with care) sources of valuable information and learning.

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# Anti-Social Media

Multiple studies have found a strong link between heavy social media and an increased risk for depression, anxiety, loneliness, [self-harm](#), and even [suicidal thoughts](#).

We deal with many relationship difficulties and for the most part, this starts with inappropriate posts on Social Media.

# Social media may promote negative experiences such as:

- **Inadequacy about your life or appearance**
- **Fear of missing out (FOMO) and social media addiction.**
- **Isolation.**
- **Depression and anxiety.**
- **Cyberbullying.**
- **Self-absorption.** Sharing endless selfies and all your innermost thoughts on social media can create an unhealthy self-centeredness and distance you from real-life connections.



# How Parents can help

- Talk to young people about their phone use
- Be aware of what they are viewing/posting
- Reinforce 'acceptable use' message
- Remind young people that what they post will remain online and may resurface years from now
- You pay – its your phone – look at their posts!

# How Parents can help

- Use an app to track how much time is spent on social media each day.
- Turn off phones at certain times of the day.
- No phones in bedrooms – charge in another room overnight (with your school iPad)
- Disable social media notifications. Especially during the school day.
- Try removing some social media apps from your phone so you can only check from your tablet or computer.

# Making decisions on Course Planning

- S1-S3 is designed to provide a broad, general education, but there is scope for choices. The S2 Course Choice Programme allows pupils to focus on subjects in which they have a particular aptitude or interest increasing specialisation at the end of S2.
- This flexibility helps ensure learners have the right level of challenge and support & will provide a strong basis for moving on to the learning for qualifications.

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# Compulsory Subjects in S3

English

Maths

Modern Language

RME

PE

PSE

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# Senior Phase Qualifications – S4

- English, Maths, Languages, Health & Wellbeing, PSHE, RE + Choices

Curricular area	Curricular area	Curricular area	Curricular area	Curricular area
Creative & Aesthetic	Science	Social Subjects	Technologies	Elective Choice

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<b>English &amp; Literacy</b>	<b>Maths &amp; Numeracy</b>	<b>Languages</b>	<b>PE &amp; Wellbeing</b>
4 periods	4 periods	3 periods	4 periods
English	Mathematics	French	Core PE + Wellbeing
		Spanish	
		Languages for Life & Work Units French & Spanish	N5 PE + Wellbeing
		Achieve	

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<b>Creative &amp; Aesthetic</b>	<b>Sciences</b>	<b>Social Studies</b>	<b>Technologies</b>
3 periods	3 periods	3 periods	3 periods
			Admin & IT
Art and Design			Computing Science
<b>Dance</b>	Biology	Business Management	NPA Games Development & Digital Media
Drama	Chemistry	Geography	
Music	Physics	History	
Physical Education	NPA Applied Science	Modern Studies	Design Manufacture
Fashion & Textile Technology			Engineering Science
			Practical Cookery
			NPA Photography
			Physics

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# Hyndland Secondary School - Personalisation and Choice

March 2024: S2 Choices Form for S3 Courses

One choice from each curricular area plus one additional option

There MUST be one choice from each of the five curricular areas

English	Maths	Languages	Creative & Aesthetic	Sciences	Social Studies	Technologies	PE & Wellbeing	Additional - 1 Options	
& Literacy	& Numeracy								
English	Mathematics					Admin & IT		Admin & IT	Engineering Science
		French	Art and Design			Computing Science	Core PE + Wellbeing	Art and Design	Geography
		Spanish	Dance	Biology	Business Management	NPA Games Development & Digital Media	N5 PE + wellbeing	Business Management	Media Studies
		Languages for Life & Work Units French & Spanish	Drama	Chemistry	Geography			Chemistry	Modern Studies
			Music	Physics	History		Computing Science	Physics	
			Fashion & Textile Technology	NPA Applied Science	Modern Studies	Design Manufacture		Dance	Physical Education
		Achieve	Physical Education			Engineering Science		Design Manufacture	Practical Cookery
						Practical Cookery		Drama	Spanish
						NPA Photography		NPA Games Development & Digital Media	
						Physics			
English	Maths								
My preferred options do not fit	Instead of:			I want to choose:					

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<b>Additional - 1 Options</b>	<b>Wellbeing EXAMPLES</b>
3 periods	Over the last year, we have offered
Admin & IT	Chess
Art and Design	Practical Cookery
Business Management	Fitness
Chemistry	Basketball
NPA Games Development & Digital Media	Read & Chill
Computing Science	Duke of Edinburgh Award
Design Manufacture	Dance
Engineering Science	Creative Art
Media Studies	Song Writing
Modern Studies	Building Team Building Kit
Music	Couch to 5k
Practical Cookery	Yoga
Spanish	Conversational Spanish

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# New/Unfamiliar Qualifications

- Languages for Life & Work
- Achieve
- NPA Applied Science
- NPA Digital Media
- NPA Photography
- Option for everyone to do N5 PE
- Wellbeing Choices

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# What does this mean for qualifications?

- This will allow most young people to attain eight qualifications at the level most appropriate to their ability by the end of S4.
- In S4, we have offered Applications of Maths as an additional qualification
- Young people can do 8 qualifications and add N5 PE in the wellbeing column.
- Pupils will then progress to the most appropriate courses as they narrow further to 5 courses in S5.

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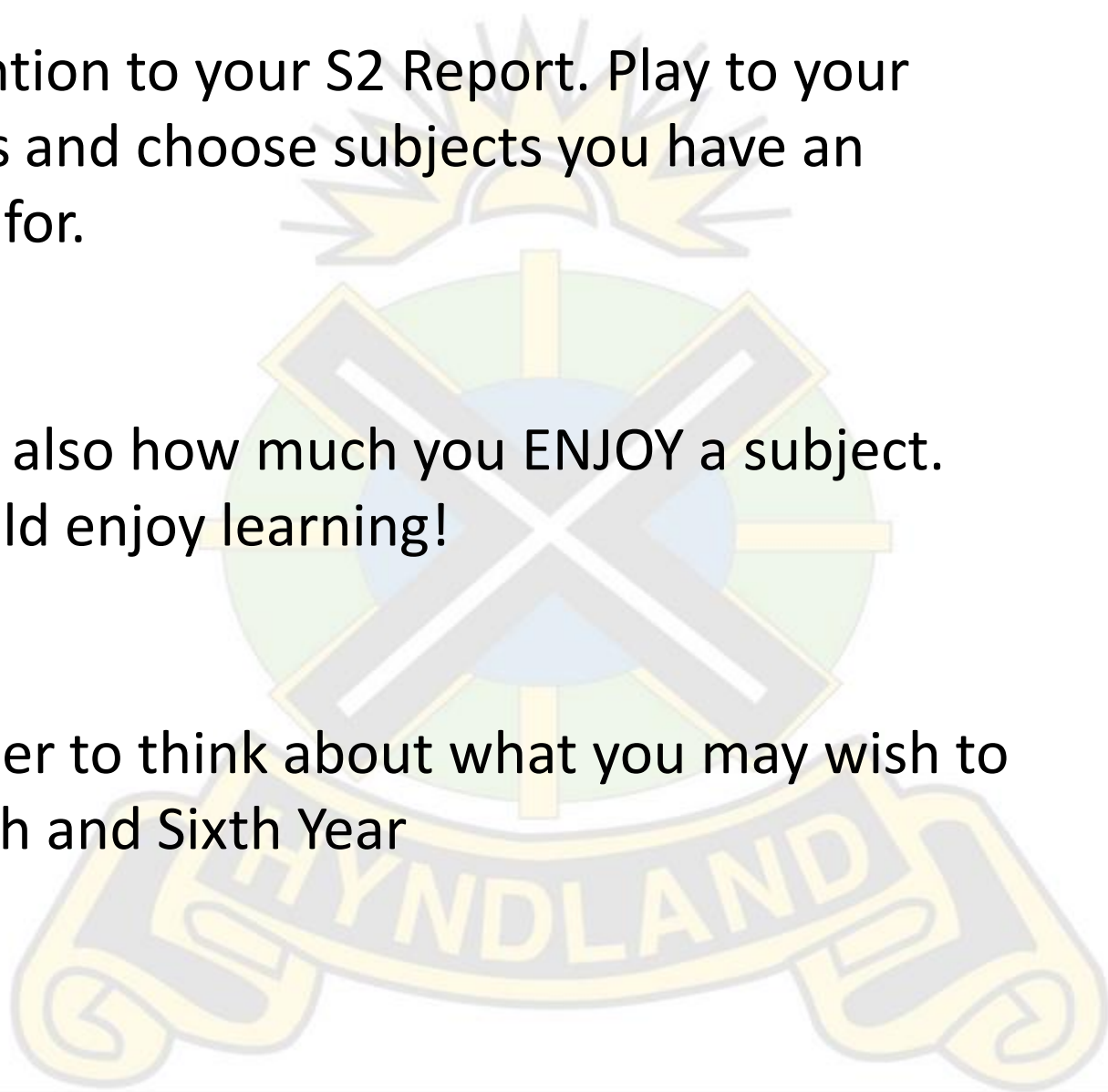
# Some DOs and DON'Ts

What you should do:

- Remember that you are choosing a course that you will study through until the end of S4
- Choose a BALANCED timetable. You **must** have a range of different types of subjects.
- Listen to advice from your teachers, your parents, and Skills Development Scotland.

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- Pay attention to your S2 Report. Play to your strengths and choose subjects you have an aptitude for.
- Consider also how much you ENJOY a subject. You should enjoy learning!
- Remember to think about what you may wish to do in Fifth and Sixth Year



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# What you should not do:

- Don't narrow your curriculum e.g. Choose three Sciences or three Social Subjects. You can access the third subject in S6
- Don't base your decision on friends choices – you have different talents! Classes are mixed so you may not be together.
- Don't choose a subject just because you like (or dislike) the teacher. You may have a different teacher next session.
- Don't give up a subject without finding out whether or not you may need it for a specific career you intend to pursue.

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# Pastoral Care Team



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# The story so far...

- Interim Reports
- Self Evaluation: Target Setting Strengths/Areas for Development
- PSE Support
- Pupils registered with 'My World of Work'
- Presentations from PTs on subjects and pathways



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# continued....

- Interactive My Strengths and My DNA
- Research on specific professions/courses and specific entry requirements
- General research on areas of interest
- Appointment with the Career Adviser



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# Next Steps.....

- Course Choice SWAY presentations posted on Teams and School Website along with Subject video clips January / February 2024
- Further S2 tracking March 2024
- Further discussion in PSHE and at home
- Each young person will have a 30 min One to One interview with Careers Advisor – scheduled during February & March 2024.
- Parent teacher meetings on 14<sup>th</sup> March
- Careers Event 14<sup>th</sup> March
- Course planning meeting with PTPC to finalise choices & complete Glow choices form 19<sup>th</sup> – 21<sup>st</sup> March
- Paper copy of choices sent home for parents & carers to sign off following PTPC meeting
- Choices finalised 25<sup>th</sup> March 2024

# Who Can I Ask for Advice?

- Pastoral Care Staff and Personal Support Tutors
- Careers Adviser
- Subject Teachers
- Senior Leadership Team
- Mentors
- Parents/carers
- Family



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# Useful Websites

- Planitplus - Learning Zone
- Mappit - Apprenticeships/Training
- WorkIt - Employment
- My World of Work – Wide range of support

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# Supporting well-being

- School website – lots of signposts to materials including Sleep Scotland and Headspace.
- Be kind to yourself – it is ok not to be ok!




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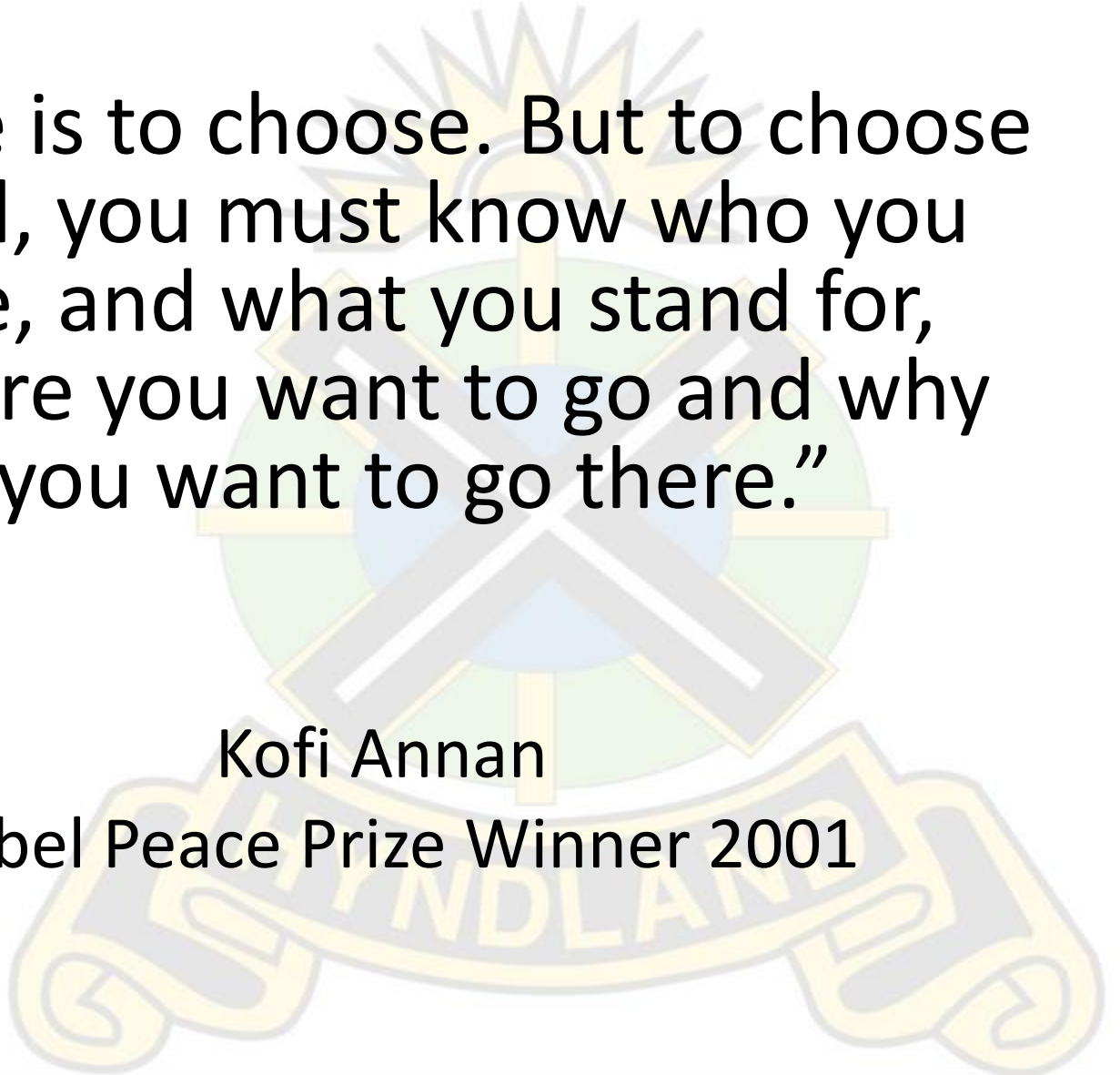
I will not  
**worry** about  
things I can't  
**control**

< 

@youngscot

 Save this post for  
when you need it

THINGS



“To live is to choose. But to choose well, you must know who you are, and what you stand for, where you want to go and why you want to go there.”

Kofi Annan

Nobel Peace Prize Winner 2001

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